



The dementia journey can be overwhelming,
but no one has to walk it alone.

A Letter from Our Executive Director

Dear Stakeholders,

This nonprofit organization started from a passion to make my dad's journey with dementia count for a greater good. Our name, Dementia Together, reflects who we are as an organization.

Because of the community support we receive, we are privileged to offer:

- **Memory Cafés** for people living with dementia and their care partners to discover there is still joy to share and living to do with each other and others on similar journeys
- **Mobile Memory Cafés** for residents and staff in care communities
- Care partner, professional, and community, "**Contented Dementia**" education and consultation
- **Patient resource folders** for medical providers to share with patients experiencing cognitive changes
- **Support groups** for care partners and people living with dementia.
- Monthly **meal drops** for our participants
- **SPECAL® Sports** and other social gatherings
- **B Sharp Arts Engagement** program

We are leading North America in sharing the Contented Dementia approach (SPECAL® Method) – teaching families how to work positively with loved ones living with dementia and provide lifelong well-being for them.

We participate in evidence-based research with CSU and others on the effectiveness of the Contented Dementia education and support we offer.

We are grateful to collaborate with compassionate, creative individuals and organizations locally, nationally, and internationally, as we all work toward our vision to make *living well with dementia* the expectation, not the exception.

We offer our programming at no charge to participants so that cost is not a barrier for connection and education. That's why we depend on the generosity of our private and corporate donors who enable us to serve and impact our communities. Because of the continued collaboration and support we are enjoying in Northern Colorado and beyond, *together*, we are making our mission a reality: To create communities in which no one has to walk the dementia journey alone.

Gratefully,

Cyndy Hunt Luzinski, MS, RN, SPECAL® Practitioner

Founder and Executive Director

About Us

Although we collaborate with organizations working on cures for the various causes of dementia, Dementia Together doesn't work on any cures.

We are an "in the meantime" organization. For our friends living with dementia now, their hope may not be in a future cure. It's in the current care. So, "in the meantime," until cures are found, Dementia Together exists to help people learn to care well so our friends with dementia can live well.

By listening to the experts living with dementia, we've established **three pillars** in which our organization works and thrives.



Education

Providing dementia-friendly education informed and inspired by the UK-originated Contented Dementia (SPECAL® Method) approach for care partners, families, businesses, health care providers, senior care professionals, and community partners

Enrichment

Helping people impacted by dementia to live and finish well through connection, support, and social engagement opportunities.

Hope

Providing practical answers and help for today while leading and joining efforts to improve outcomes in the future.



Our Team

Dementia Together is led by our Founder and Executive Director, Cyndy Hunt Luzinski. Cyndy is an advanced practice nurse and SPECAL® practitioner. The rest of the dedicated Dementia Together staff includes Meghan Wall, Robin Westcott, and Andrea Scandrett.



Board of Directors-2022

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Bonfire Effect
My Big Day Marketing & Events



We offer our programming at NO CHARGE to participants so that cost is not a barrier for connection and support.

Our Impact in 2022

Memory Cafes

- 106 sessions for 1,638 attendees
- 220 individual lives

Contented Dementia Classes for care partners, professionals, and community

- 116 sessions for 2,111 attendees

Meal Deliveries

- 1072 meals delivered
- 166 individual lives

Care Partner Support Group

- 46 sessions for 1,137 attendees
- 136 individual lives

Consultations

- 278 sessions for 310 attendees
- 176 individual lives

B-Sharp Arts Engagement

- 5 concerts for 83 attendees

Mobile Memory Cafes for residents in care communities

- 146 sessions for 2,402 attendees
- 438 individual lives

Support Group for people living with dementia

- 31 sessions for 166 attendees
- 42 individual lives

Alumni-Old Friends Support Group

- 5 sessions for 27 attendees
- 12 individual lives

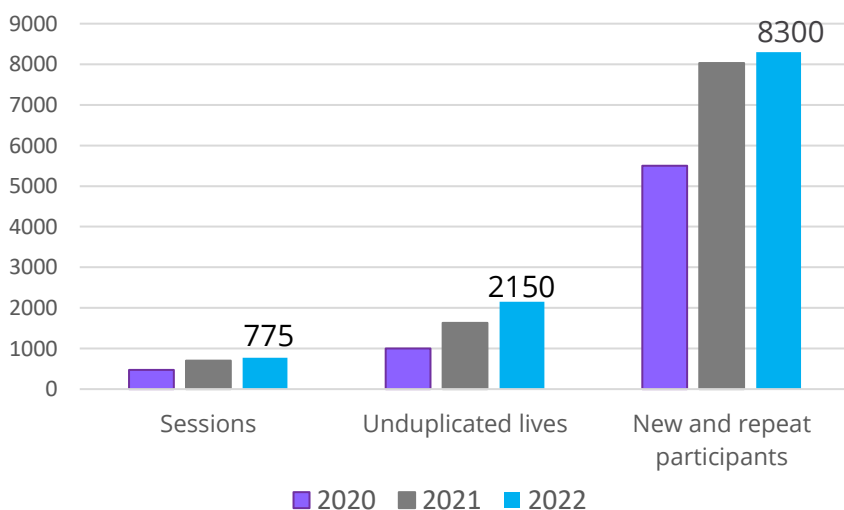
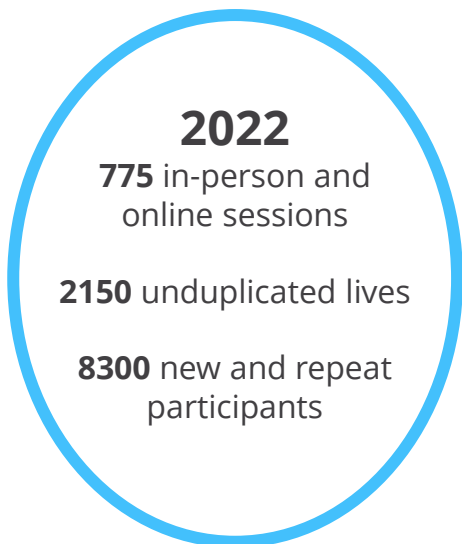
SPECIAL® Sports, Cooking With Friends, and other monthly social gatherings

- 42 sessions for 297 attendees

Volunteers

- 52 persons for 1,041 hours

2020-2022 program reach



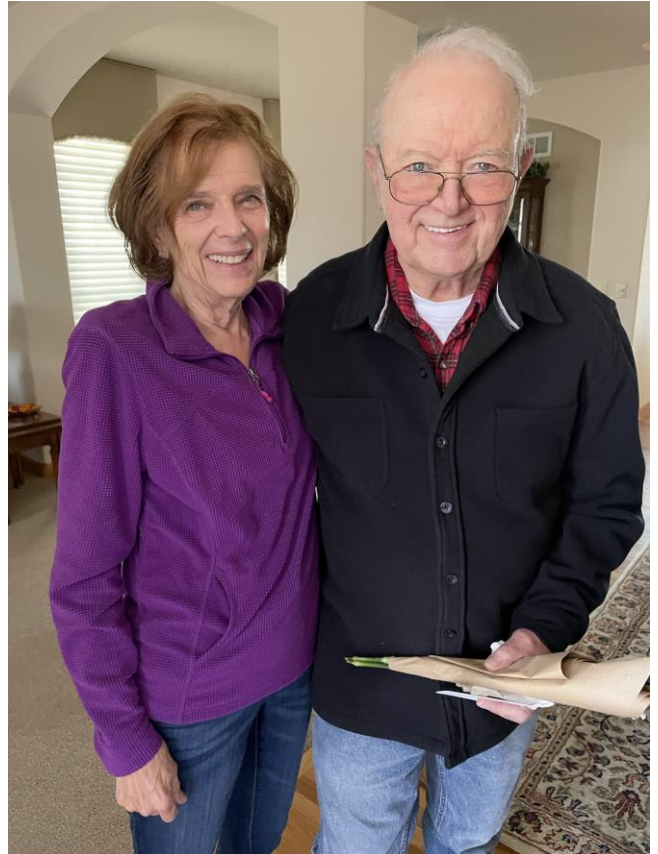
Who We Are

Dementia Together is a local, grassroots, growing nonprofit organization.

At Dementia Together, we cultivate joy and build stronger connections for people living with dementia, their care partners, and the community.

We bring insight and hope by sharing the Contented Dementia approach to help people discover the life-changing difference this approach makes to promote lifelong well-being for people living with dementia.

In 2023, we are focused on our challenge to meet the growing need for our services: Do more of what we uniquely do, and do it better.



Our Mission

Our mission is to create communities in which no one has to walk the dementia journey alone.

“The tools I’ve learned and the friends we have now through Dementia Together make all the difference in the world. We are so grateful.”
-Dementia Together participant



Our 2022 Major Donors

Major Corporate Donors

Senior Helpers
 Right at Home
 Seniors Helping Seniors
 Seven Lakes Memory Care
 Good Samaritan - Loveland
 Good Samaritan - Water Valley
 Hillcrest of Loveland
 Associates in Family Medicine-
 Village Medical
 McKee Wellness Foundation
 Business Equipment Service
 Canyon Homecare and Hospice

Major In-kind Donations

Fort Collins Symphony
 My Big Day Marketing and Events
 Bonfire Effect
 Gonzo Screen Printing
 Colorado Eagles

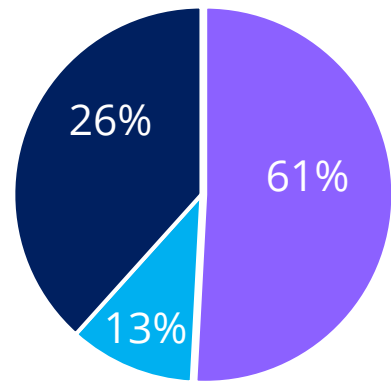
Major Grant Donors

NextFifty Initiative
 The Weld Trust
 Community Foundation of
 Northern Colorado
 Larimer County
 Woodward
 Walmart
 Giving University

Private Donors

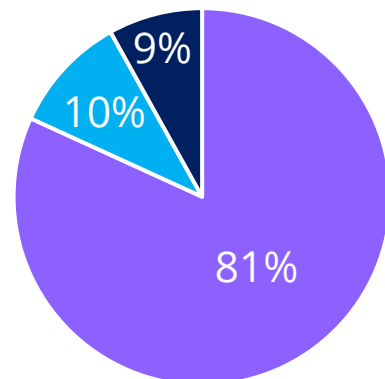
We are grateful for the generous support of private donations from people who believe in our mission and have been impacted by our services.

*Income: \$369,520



■ Private ■ Corporate ■ Grants and Foundations

*Expenses: \$346,028



■ Programs ■ Administration ■ Fundraising

* In addition to our income, we also receive in-kind donations valued at \$41,000. We are building our reserves so that we have five months of expenses in reserve to sustain our programming and position us to be agile and ready for growth opportunities presented as we strive to meet the growing demand for our services.



*“When we first joined
Dementia Together, I was looking
for a good source of information
about local resources.*

*I found that,
but so much more”
-Dementia Together participant*



dementia together

Dementia Together
2022 Annual Report
DementiaTogether.org

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